

Super Seminar

24th October 2009

2.30 - 5.30 pm

Under 14's 2.30 – 4.00 pm (kickboxing karate only)



Contact your instructor for more details

Venue:

**Dorking Sports Centre
RH4 1SG**

£7 -14yrs

**£10 Pre-booking
£12 on the day**