

## **Coldharbour Aikido Club Safety Policy**

1. No practice may take place unless a qualified coach is present.
2. It is the responsibility of the person in charge to ensure safe practice for all students.
3. A qualified first aider or responsible person should be present during practice.
4. The first aider or responsible person must know the location of a telephone for use in case of an emergency.
5. The full address and postcode of the dojo should be located next to the telephone.
6. A suitable first aid kit must be available during practice.
7. In case of the practice mat being full all techniques must take in to account the nature of the dojo
8. Students must be made aware of the close proximity of the walls.
9. New students should be asked about any injuries or health problems before the start of practice.
10. All students must be made aware of the potential hazards of the access steps and stairs.
11. The three exits that might be used in case of fire must be kept clear at all times.

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